

## Top Foodscaping Picks for Zone 8b (Nanaimo, BC)

Grow a garden that's as nourishing as it is beautiful! Here's a curated list of edible plants that thrive in our west coast climate—and look gorgeous doing it.

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### Herbs (Edible + Ornamental Appeal)

- **Basil** – Perfect between begonias or marigolds
- **Chives** – Purple blooms + pest deterrent
- **Thyme & Oregano** – Fragrant, low-growing groundcover
- **Sage** – Textured silver foliage, deer-resistant
- **Rosemary** – Great in containers or sunny beds

### Leafy Greens (Texture + Colour)

- **Lettuces** – Red & green for colour contrast
- **Swiss chard** – Rainbow stems for vibrant texture
- **Kale** – Lush and architectural
- **Arugula & Mustards** – Fast-growing, peppery flavour

### Vegetables (Structure + Yield)

- **Pole beans** – Tall and dramatic on trellises
- **Tomatoes** – Cherry varieties fit beautifully into mixed beds
- **Peppers** – Colourful and compact
- **Eggplant** – Deep purple fruits and glossy leaves
- **Zucchini** – Large foliage, high yield

### Fruits (Multi-season Interest)

- **Strawberries** – Great edging or groundcover
- **Blueberries** – Seasonal beauty + harvest
- **Figs** – Love our mild winters in sheltered spots
- **Hardy kiwis** – Unique vines with edible rewards
- **Rhubarb** – Bold, edible focal point

## Companion Flowers (Pollinator & Pest Helpers)

- **Marigolds** – Bright + pest-fighting
- **Calendula** – Edible and beautiful
- **Alyssum** – Soft, sweet-smelling filler
- **Nasturtiums** – Trails beautifully, edible blooms
- **Borage** – Blue flowers that bees love

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**Come visit us at Holden Lake Farm & Garden** ✍️ BC grown starts 🌻 Companion flowers 🌱 Sustainably grown foodscape favourites

We're here to help you create a garden that's beautiful, bountiful, and uniquely yours.

☎️ 250-323-2255

**Located in Nanaimo, BC — Proudly Serving Vancouver Island Gardeners**